



Starting my own “Spiral of Growth”
 A key point to move forward => Mindset
 Keep it growing, one day at a time

S – for SITUATION – I observe, I note, I listen

Where am I?

What is happening through my day?

What do I see that I like?

Florence Dambricourt
 @Talking4good, powerful conversations for powerful actions



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S – for SITUATION – Let your mind a 360° feedback of your day

Who is around me?

What do I see? What do I feel? What do I smell?

What do I see that inspire me?

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S – for SPIRITS & ASPIRATIONS – I discover, I dance

What makes me get up in the morning?

What do I see on the Horizons?

If I do not see anything, it’s time to start moving then.
Contact us to [discover how](#).

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